



High School Prayer Guide, Grades 9-12* January 3-24, 2010

You and I are in a battle of cosmic proportion. While we go about eating, working, and going to school, a greater spiritual reality is present. A war is constantly waged – eternally, for our souls; temporally, for our lives.

The enemy of our souls, the devil, often comes against us by attacking young people. As a teenager, you are at a critical point of decision making. You can choose good or evil. As you struggle to make wise choices, it makes sense to call upon the Lord and ask Him to intervene in your lives.

Prayer is one way we engage the battle. It is an avenue for God to transform our hearts and circumstances. As His Word tells us in 2 Chronicles 7:14, “If my people, who are called by my name, will humble themselves and pray and seek my face and turn from their wicked ways, then will I hear from heaven and will forgive their sin and will heal their land” (NIV).

Don’t let the enemy ravage your generation! Join us in a time of prayer as we cry out to God. For 21 days, we will pray intentionally about issues that affect your lives.

Don’t go it alone! Tap into the following resources to make the most of your 21-day iPray commitment:

- Choose a prayer partner to pray with you. Plan to touch base with them a few times per week so you can share your struggles and encourage each other.
- Go to www.micog.com and click on the iPray box for more info. This will tell you how to log onto Facebook and Twitter to share prayer requests and testimonies and how to get Daily Prayer Updates on YouTube.

Other suggestions to make the most out of iPray:

- DO study the Bible passages included in each day’s devotion. The more time you *devote* to your study, the more you will get out of it!
- DO check out www.biblegateway.com for access to many easy-to-read Bible translations. Try reading the New International Version or New Living Translation to get started.
- DO prayerfully consider following the fast. If for some reason you cannot abstain from certain types of food, consider giving up something else you enjoy during the 21 days.
- DO focus on God by limiting your exposure to TV, Internet, radio/iPod, video games, and the like. Make sure your media choices glorify God! This will help you hear what He is teaching you.

iPray – do you?

***Suggested age range due to young adult content.** Parents are advised to review all content if using the guide for younger age groups.